

## Filtration

Let  $(\Omega, \mathcal{F}, \mathbb{P})$  be a probability space.

### Definition (Filtration)

A **filtration** is a sequence of  $\sigma$ -algebras

$$\mathcal{F}_0 \subseteq \mathcal{F}_1 \subseteq \mathcal{F}_2 \subseteq \cdots \subseteq \mathcal{F}_n \subseteq \cdots$$

such that

1. each  $\mathcal{F}_n$  is a  $\sigma$ -algebra,
2. the sequence is increasing:  $\mathcal{F}_n \subseteq \mathcal{F}_{n+1}$ .

- $\mathcal{F}_n$  represents the set of all events that are known/observable at time  $n$ .
- (Remark) A *natural filtration* generated by a process  $(X_n)$  is  $\mathcal{F}_n = \sigma(X_0, \dots, X_n)$ .

## Stochastic Process and Adaptedness

A **stochastic process** is a collection of random variables

$$\{X_t\}_{t \in T},$$

where  $T$  is an index set (often interpreted as time).

### Definition (Adapted Stochastic Process)

Given a filtration  $\{\mathcal{F}_n\}$ , a process  $\{X_n\}$  is said to be **adapted** to  $\{\mathcal{F}_n\}$  if, for every  $n$ ,

$$X_n \text{ is } \mathcal{F}_n\text{-measurable} \iff X_n^{-1}(B) \in \mathcal{F}_n \quad \forall B \in \mathcal{B}(\mathbb{R}).$$

Intuitively,  $X_n$  may depend on the past observations  $(X_0, \dots, X_n)$ , but not on the future.

## Example: Filtration from Coin Tosses

Consider a sequence of random variables  $X_1, X_2, X_3$  on  $(\Omega, \mathcal{F}, \mathbb{P})$  generated by three coin tosses.

$$\Omega = \{HHH, HHT, HTH, HTT, THH, THT, TTH, TTT\}.$$

- At time  $T = 0$  (before observing anything):

$$\mathcal{F}_0 = \{\emptyset, \Omega\}.$$

- At time  $T = 1$  (you only observe the first toss):

$$\mathcal{F}_1 = \{\emptyset, \Omega, A_H, A_T\},$$

where  $A_H := \{HHH, HHT, HTH, HTT\}$  and  $A_T := \{THH, THT, TTH, TTT\}$ .

## Example: Filtration from Coin Tosses

At time  $T = 2$  (you observe the first two tosses), define the four events

$$A_{HH} = \{HHH, HHT\}, \quad A_{HT} = \{HTH, HTT\}, \quad A_{TH} = \{THH, THT\}, \quad A_{TT} = \{TTH, TTT\}.$$

Then  $\mathcal{F}_2$  is the  $\sigma$ -algebra generated by this partition:

$$\mathcal{F}_2 = \sigma(A_{HH}, A_{HT}, A_{TH}, A_{TT}),$$

i.e., it contains  $\emptyset$ ,  $\Omega$ , these four sets, and all unions and complements built from them.

- We can observe that  $\mathcal{F}_0 \subseteq \mathcal{F}_1 \subseteq \mathcal{F}_2 \subseteq \mathcal{F}_3 = \mathcal{F}$ .
- $\mathcal{F}_{n+1}$  contains (at least) as much information as  $\mathcal{F}_n$ .

Let  $X_1, X_2, \dots$  be random variables on a probability space  $(\Omega, \mathcal{F}, \mathbb{P})$  and let  $\{\mathcal{F}_n\}_{n \geq 1}$  be a sequence of  $\sigma$ -fields in  $\mathcal{F}$ .

## Definition (Martingale)

The sequence  $\{(X_n, \mathcal{F}_n)\}_{n \geq 1}$  is a **martingale** if the following hold for all  $n$ :

1. Filtration:  $\mathcal{F}_n \subseteq \mathcal{F}_{n+1}$ .
2. Adaptedness:  $X_n$  is  $\mathcal{F}_n$ -measurable.
3. Integrability:  $\mathbb{E}[|X_n|] < \infty$ .
4. Martingale property:

$$\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] = X_n \quad \text{a.s.}$$

- For a **submartingale**:  $\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] \geq X_n$  a.s.

- 5/58 • For a **supermartingale**:  $\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] \leq X_n$  a.s.

## Martingales (Interpretation)

- Interpretation: a martingale is a *fair game*: the conditional expected next value equals the current value.
- Natural filtration:  $\mathcal{F}_n = \sigma(X_1, \dots, X_n)$  is the smallest filtration to which  $(X_n)$  is adapted.
- One may also allow a larger filtration (more information) than the natural filtration.

## Equivalent Integral Formulation

The martingale property

$$\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] = X_n$$

is equivalent (by the defining property of conditional expectation) to the integral identity:

$$\int_A X_{n+1} d\mathbb{P} = \int_A X_n d\mathbb{P} \quad \forall A \in \mathcal{F}_n.$$

(Recall:  $Y = \mathbb{E}[X \mid \mathcal{G}]$  iff  $Y$  is  $\mathcal{G}$ -measurable and  $\int_G Y d\mathbb{P} = \int_G X d\mathbb{P}$  for all  $G \in \mathcal{G}$ .)

## Alternative Formulation (Increments)

Define the **gain/increment**

$$\Delta_n := X_n - X_{n-1}, \quad \text{with } \Delta_1 := X_1.$$

Then

$$\mathbb{E}[X_{n+1} - X_n \mid \mathcal{F}_n] = \mathbb{E}[X_{n+1} \mid \mathcal{F}_n] - \mathbb{E}[X_n \mid \mathcal{F}_n] = \mathbb{E}[X_{n+1} \mid \mathcal{F}_n] - X_n = 0.$$

Interpretation: expected future wealth equals present wealth.

## Multistep-ahead Property

If  $\{(X_n, \mathcal{F}_n)\}$  is a martingale, then for every  $k > n$ ,

$$X_n = \mathbb{E}[X_k \mid \mathcal{F}_n].$$

**Proof idea:**

$$X_n = \mathbb{E}[X_{n+1} \mid \mathcal{F}_n] = \mathbb{E}[\mathbb{E}[X_{n+2} \mid \mathcal{F}_{n+1}] \mid \mathcal{F}_n] = \mathbb{E}[X_{n+2} \mid \mathcal{F}_n] = \cdots = \mathbb{E}[X_{n+k} \mid \mathcal{F}_n].$$

## Constant Expectation

If  $\{(X_n, \mathcal{F}_n)\}$  is a martingale, then  $\mathbb{E}[X_n]$  is constant in  $n$ .

**Proof:** take expectations on both sides of  $\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] = X_n$ :

$$\mathbb{E}[X_n] = \mathbb{E}[\mathbb{E}[X_{n+1} \mid \mathcal{F}_n]] = \mathbb{E}[X_{n+1}].$$

Consequently:

- for submartingales,  $\mathbb{E}[X_{n+1}] \geq \mathbb{E}[X_n]$  (monotone increasing),
- for supermartingales,  $\mathbb{E}[X_{n+1}] \leq \mathbb{E}[X_n]$  (monotone decreasing).

## Convex Functions of Martingales (Jensen)

Let  $\{(X_n, \mathcal{F}_n)\}_{n \geq 1}$  be a martingale and let  $\varphi : \mathbb{R} \rightarrow \mathbb{R}$  be convex. Assume  $\varphi(X_n)$  is integrable for each  $n$ .

### Theorem

The process  $\{(\varphi(X_n), \mathcal{F}_n)\}_{n \geq 1}$  is a **submartingale**:

$$\mathbb{E}[\varphi(X_{n+1}) \mid \mathcal{F}_n] \geq \varphi(X_n) \quad \text{a.s.}$$

## Proof (Conditional Jensen / Tower)

By conditional Jensen's inequality (for convex  $\varphi$  and integrable  $X_{n+1}$ ),

$$\mathbb{E}[\varphi(X_{n+1}) \mid \mathcal{F}_n] \geq \varphi(\mathbb{E}[X_{n+1} \mid \mathcal{F}_n]).$$

Using the martingale property  $\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] = X_n$  a.s., we get

$$\mathbb{E}[\varphi(X_{n+1}) \mid \mathcal{F}_n] \geq \varphi(X_n),$$

hence  $\{\varphi(X_n)\}$  is a submartingale.

## Convex Functions of Submartingales

Let  $\{(X_n, \mathcal{F}_n)\}_{n \geq 1}$  be a submartingale and let  $\varphi : \mathbb{R} \rightarrow \mathbb{R}$  be **nondecreasing** and convex. Assume  $\varphi(X_n)$  is integrable for each  $n$ .

### Theorem

The process  $\{(\varphi(X_n), \mathcal{F}_n)\}_{n \geq 1}$  is a **submartingale**:

$$\mathbb{E}[\varphi(X_{n+1}) \mid \mathcal{F}_n] \geq \varphi(X_n) \quad \text{a.s.}$$

## Proof (Monotonicity + Conditional Jensen)

Since  $\{X_n\}$  is a submartingale,

$$\mathbb{E}[X_{n+1} \mid \mathcal{F}_n] \geq X_n \quad \text{a.s.}$$

and because  $\varphi$  is nondecreasing,

$$\varphi(\mathbb{E}[X_{n+1} \mid \mathcal{F}_n]) \geq \varphi(X_n) \quad \text{a.s.}$$

By conditional Jensen's inequality,

$$\mathbb{E}[\varphi(X_{n+1}) \mid \mathcal{F}_n] \geq \varphi(\mathbb{E}[X_{n+1} \mid \mathcal{F}_n]).$$

Combining gives  $\mathbb{E}[\varphi(X_{n+1}) \mid \mathcal{F}_n] \geq \varphi(X_n)$  a.s.

**Note:** if  $\varphi$  is decreasing (e.g.  $\varphi(x) = -x$ ), then a submartingale can become a **supermartingale**.

## Doob's Martingale

Let  $X_1, X_2, \dots$  be integrable random variables and let  $\mathcal{F}_n := \sigma(X_1, \dots, X_n)$  be the natural filtration.

Fix any integrable random variable  $Y$  (often  $Y = f(X_1, \dots, X_N)$  for some  $N$ ).

### Definition (Doob's martingale)

Define

$$M_n := \mathbb{E}[Y \mid \mathcal{F}_n], \quad n \geq 1.$$

Then  $\{(M_n, \mathcal{F}_n)\}_{n \geq 1}$  is a martingale.

## Doob's Martingale: Proof (Tower Property)

Let  $M_n := \mathbb{E}[Y \mid \mathcal{F}_n]$ .

- **Adaptedness:**  $M_n$  is  $\mathcal{F}_n$ -measurable by definition.
- **Integrability:**  $\mathbb{E}[|M_n|] \leq \mathbb{E}[|Y|] < \infty$ .
- **Martingale property:** for  $n \geq 1$ ,

$$\mathbb{E}[M_{n+1} \mid \mathcal{F}_n] = \mathbb{E}[\mathbb{E}[Y \mid \mathcal{F}_{n+1}] \mid \mathcal{F}_n] = \mathbb{E}[Y \mid \mathcal{F}_n] = M_n,$$

where the middle equality is the **tower property** since  $\mathcal{F}_n \subseteq \mathcal{F}_{n+1}$ .

## Stopping Time

Let  $\tau : \Omega \rightarrow \{1, 2, 3, \dots\} \cup \{\infty\}$  be a random time.

### Definition (Stopping time)

We say  $\tau$  is a **stopping time** with respect to a filtration  $\{\mathcal{F}_n\}$  if

$$\{\tau = k\} \in \mathcal{F}_k \quad \text{for each finite } k.$$

Equivalently (discrete-time),

$$\{\tau \leq k\} \in \mathcal{F}_k \quad \text{for each finite } k.$$

## Stopping Time: Equivalent Characterizations (1/2)

**Claim (discrete-time):**

$$\{\tau = k\} \in \mathcal{F}_k \forall k \iff \{\tau \leq n\} \in \mathcal{F}_n \forall n.$$

**Proof:** assume  $\{\tau = k\} \in \mathcal{F}_k$  for all  $k$ . Then for any  $n$ ,

$$\{\tau \leq n\} = \bigcup_{k=1}^n \{\tau = k\} \in \mathcal{F}_n,$$

since  $\mathcal{F}_k \subseteq \mathcal{F}_n$  for  $k \leq n$ .

## Stopping Time: Equivalent Characterizations (2/2)

**Proof (converse):** assume  $\{\tau \leq n\} \in \mathcal{F}_n$  for all  $n$ . Then

$$\{\tau = n\} = \{\tau \leq n\} \setminus \{\tau \leq n - 1\} \in \mathcal{F}_n.$$

**Remark:** in continuous-time, the two definitions require additional care.

## Example: Stopping Time (Hitting Time)

Let  $\mathcal{F}_n = \sigma(X_1, \dots, X_n)$  and fix a threshold  $a \in \mathbb{R}$ . Define the (first) hitting time

$$\tau := \inf\{n \geq 1 : X_n \geq a\} \in \{1, 2, \dots\} \cup \{\infty\}.$$

For any  $k \geq 1$ ,

$$\{\tau = k\} = \{X_1 < a, \dots, X_{k-1} < a, X_k \geq a\} \in \mathcal{F}_k.$$

Hence  $\tau$  is a stopping time.

**Remark:** this is also called a **hitting time**.

## The $\sigma$ -algebra $\mathcal{F}_\tau$

Let  $\tau$  be a stopping time w.r.t.  $\{\mathcal{F}_n\}$ .

### Definition ( $\sigma$ -algebra at time $\tau$ )

$$\mathcal{F}_\tau := \{A \subseteq \Omega : A \cap \{\tau \leq k\} \in \mathcal{F}_k \text{ for all } k \geq 1\}.$$

Intuition: events in  $\mathcal{F}_\tau$  are those whose occurrence can be decided using information available *up to the random time*  $\tau$ .

## Example: Coin Tosses and $\mathcal{F}_\tau$

Consider three coin tosses with

$$\Omega = \{HHH, HHT, HTH, HTT, THH, THT, TTH, TTT\}.$$

Define  $X_n(\omega)$  as the result of the  $n$ th toss ( $H$  or  $T$ ), and the natural filtration

$$\mathcal{F}_0 = \{\emptyset, \Omega\}, \quad \mathcal{F}_1 = \sigma(X_1), \quad \mathcal{F}_2 = \sigma(X_1, X_2), \quad \mathcal{F}_3 = \sigma(X_1, X_2, X_3) = 2^\Omega.$$

Define the stopping time “first head (or 3 if no head)” by

$$\tau(\omega) = \begin{cases} 1, & X_1(\omega) = H, \\ 2, & X_1(\omega) = T, X_2(\omega) = H, \\ 3, & X_1(\omega) = T, X_2(\omega) = T. \end{cases}$$

## Verifying $\tau$ and Computing $\mathcal{F}_\tau$

For example,

$$\{\tau \leq 2\} = \{X_1 = H\} \cup \{X_1 = T, X_2 = H\} \in \mathcal{F}_2,$$

hence  $\tau$  is a stopping time.

The values of  $\tau$  partition  $\Omega$  into

$$\begin{aligned} H &:= \{HHH, HHT, HTH, HTT\} & (\tau = 1), \\ TH &:= \{THH, THT\} & (\tau = 2), \\ TT &:= \{TTH, TTT\} & (\tau = 3). \end{aligned}$$

Therefore,

$$\mathcal{F}_\tau = \sigma(H, TH, TT).$$

Let  $\{X_n\}$  be a stochastic process and  $\tau$  a stopping time.

## Definition (Stopped process)

The **stopped process** is

$$X_n^\tau := X_{n \wedge \tau}, \quad n \geq 1.$$

Interpretation: once the time  $\tau$  occurs, the process is "frozen" at  $X_\tau$ .

## Stopped Martingale

Let  $\{(X_n, \mathcal{F}_n)\}_{n \geq 1}$  be a martingale and let  $\tau$  be a stopping time. Define the stopped process

$$X_n^* := X_{n \wedge \tau} = \begin{cases} X_n, & \tau \geq n, \\ X_\tau, & \tau < n. \end{cases}$$

### Theorem

The process  $\{(X_n^*, \mathcal{F}_n)\}_{n \geq 1}$  is a martingale.

## Proof: Integrability of Stopped Martingale

For any  $n$ ,

$$\mathbb{E}[|X_n^*|] = \int_{\Omega} |X_n^*| d\mathbb{P} = \int_{\{\tau < n\}} |X_n^*| d\mathbb{P} + \int_{\{\tau \geq n\}} |X_n^*| d\mathbb{P}.$$

Since  $\{\tau < n\} = \bigcup_{k=1}^{n-1} \{\tau = k\}$ ,

$$\mathbb{E}[|X_n^*|] = \sum_{k=1}^{n-1} \int_{\{\tau=k\}} |X_k| d\mathbb{P} + \int_{\{\tau \geq n\}} |X_n| d\mathbb{P} \leq \sum_{k=1}^{n-1} \mathbb{E}[|X_k|] + \mathbb{E}[|X_n|] < \infty.$$

## Proof: Adaptedness of Stopped Martingale

Fix  $n$  and  $B \in \mathcal{B}(\mathbb{R})$ . Then

$$\{X_n^* \in B\} = \left( \bigcup_{k=1}^{n-1} (\{\tau = k\} \cap \{X_k \in B\}) \right) \cup (\{\tau \geq n\} \cap \{X_n \in B\}).$$

Here  $\{\tau = k\} \in \mathcal{F}_k \subseteq \mathcal{F}_n$ ,  $\{X_k \in B\} \in \mathcal{F}_k \subseteq \mathcal{F}_n$ , and  $\{\tau \geq n\} = \{\tau \leq n-1\}^c \in \mathcal{F}_n$ , hence  $\{X_n^* \in B\} \in \mathcal{F}_n$ .

## Proof: Martingale Property

Let  $A \in \mathcal{F}_n$ . We show  $\int_A X_{n+1}^* d\mathbb{P} = \int_A X_n^* d\mathbb{P}$ .

Using  $X_n^* = X_n \mathbf{1}_{\{\tau \geq n\}} + X_\tau \mathbf{1}_{\{\tau < n\}}$  and  $X_{n+1}^* = X_{n+1} \mathbf{1}_{\{\tau > n\}} + X_\tau \mathbf{1}_{\{\tau \leq n\}}$ ,

$$\begin{aligned} \int_A X_n^* d\mathbb{P} &= \int_{A \cap \{\tau \geq n\}} X_n d\mathbb{P} + \int_{A \cap \{\tau < n\}} X_\tau d\mathbb{P}, \\ \int_A X_{n+1}^* d\mathbb{P} &= \int_{A \cap \{\tau > n\}} X_{n+1} d\mathbb{P} + \int_{A \cap \{\tau \leq n\}} X_\tau d\mathbb{P}. \end{aligned}$$

## Proof: Martingale Property

Note that  $A \cap \{\tau > n\} \in \mathcal{F}_n$  because  $A \in \mathcal{F}_n$  and  $\{\tau > n\} = \{\tau \leq n\}^c \in \mathcal{F}_n$ .

Since  $\{X_n\}$  is a martingale,

$$\int_{A \cap \{\tau > n\}} X_{n+1} d\mathbb{P} = \int_{A \cap \{\tau > n\}} X_n d\mathbb{P}.$$

## Proof: Martingale Property

Decompose  $A \cap \{\tau \geq n\} = (A \cap \{\tau > n\}) \dot{\cup} (A \cap \{\tau = n\})$  and  $A \cap \{\tau \leq n\} = (A \cap \{\tau < n\}) \dot{\cup} (A \cap \{\tau = n\})$ .

Plugging these into the expressions for  $\int_A X_n^*$  and  $\int_A X_{n+1}^*$  shows the  $X_\tau$ -terms match, and with  $\int_{A \cap \{\tau > n\}} X_{n+1} d\mathbb{P} = \int_{A \cap \{\tau > n\}} X_n d\mathbb{P}$  we get

$$\int_A X_{n+1}^* d\mathbb{P} = \int_A X_n^* d\mathbb{P} \quad \forall A \in \mathcal{F}_n.$$

Therefore  $\mathbb{E}[X_{n+1}^* \mid \mathcal{F}_n] = X_n^*$  a.s.

## Optional Sampling Theorem (Discrete-Time)

Let  $\{(X_k, \mathcal{F}_k)\}_{k=0}^n$  be a **submartingale** and let  $\tau_1, \tau_2$  be stopping times satisfying

$$1 \leq \tau_1 \leq \tau_2 \leq n.$$

### Statement

The sampled process is again a submartingale (with respect to  $\mathcal{F}_{\tau_1}, \mathcal{F}_{\tau_2}$ ):

$$\mathbb{E}[X_{\tau_2} \mid \mathcal{F}_{\tau_1}] \geq X_{\tau_1} \quad \text{a.s.}$$

Equivalently, for every  $A \in \mathcal{F}_{\tau_1}$ ,

$$\int_A X_{\tau_2} d\mathbb{P} \geq \int_A X_{\tau_1} d\mathbb{P}.$$

## Proof Idea (Increments)

Define increments  $\Delta_k := X_k - X_{k-1}$  for  $k \geq 1$ . Then

$$X_{\tau_2} - X_{\tau_1} = \sum_{k=1}^n \mathbf{1}_{\{\tau_1 < k \leq \tau_2\}} \Delta_k.$$

Let  $A \in \mathcal{F}_{\tau_1}$ . Integrating and using linearity,

$$\int_A (X_{\tau_2} - X_{\tau_1}) d\mathbb{P} = \sum_{k=1}^n \int_{A \cap \{\tau_1 < k \leq \tau_2\}} \Delta_k d\mathbb{P}.$$

## Proof (Key Measurability + Submartingale Property)

For each fixed  $k$ , the set

$$B_k := A \cap \{\tau_1 < k \leq \tau_2\}$$

belongs to  $\mathcal{F}_{k-1}$  (hence to  $\mathcal{F}_k$ ):

- $A \cap \{\tau_1 \leq k-1\} \in \mathcal{F}_{k-1}$  by definition of  $\mathcal{F}_{\tau_1}$ ,
- $\{\tau_2 \geq k\} = \{\tau_2 \leq k-1\}^c \in \mathcal{F}_{k-1}$  since  $\tau_2$  is a stopping time.

Hence  $B_k \in \mathcal{F}_{k-1}$ .

Since  $\{X_k\}$  is a submartingale, for any  $B \in \mathcal{F}_{k-1}$  we have

$\int_B \Delta_k d\mathbb{P} = \int_B (X_k - X_{k-1}) d\mathbb{P} \geq 0$ . Therefore each term  $\int_{B_k} \Delta_k d\mathbb{P} \geq 0$ , and summing yields

$$\int_A X_{\tau_2} d\mathbb{P} \geq \int_A X_{\tau_1} d\mathbb{P}.$$

This proves  $\mathbb{E}[X_{\tau_2} \mid \mathcal{F}_{\tau_1}] \geq X_{\tau_1}$  a.s.

## Doob's Upcrossing Lemma: Upcrossings

Let  $[\alpha, \beta]$  be an interval with  $\alpha < \beta$ , and let  $X_1, \dots, X_n$  be random variables.

### Upcrossing times of $[\alpha, \beta]$

Define the sequence  $(\tau_k)_{k \geq 1}$  by

$$\tau_1 := \inf\{1 \leq j \leq n : X_j \leq \alpha\} \wedge n,$$

and for  $k \geq 2$ ,

$$\tau_k := \begin{cases} \inf\{\tau_{k-1} < j \leq n : X_j \geq \beta\} \wedge n, & k \text{ even,} \\ \inf\{\tau_{k-1} < j \leq n : X_j \leq \alpha\} \wedge n, & k \text{ odd.} \end{cases}$$

The number of upcrossings of  $[\alpha, \beta]$  by  $X_1, \dots, X_n$  is

$$U := \max\{i : X_{\tau_{2i-1}} \leq \alpha < \beta < X_{\tau_{2i}}\}.$$

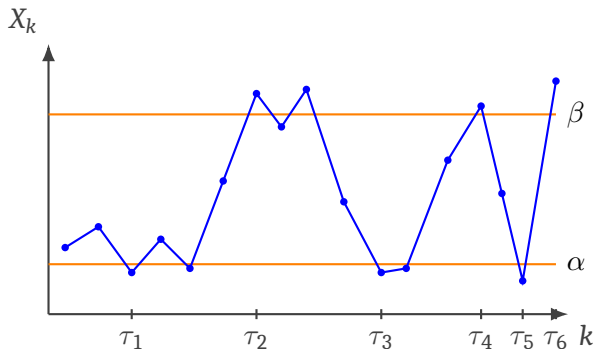


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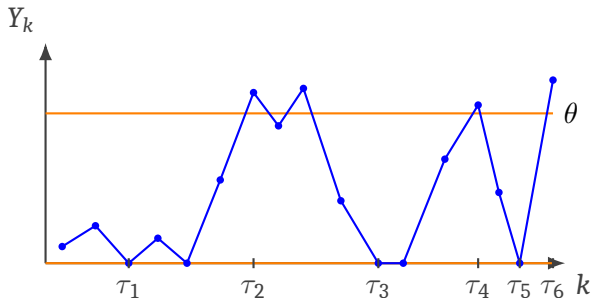
## Upcrossings: Illustration (Process $X_k$ )



Define

$$Y_k := \max\{0, X_k - \alpha\}, \quad \theta := \beta - \alpha.$$

## Upcrossings: Illustration (Process $Y_k$ )



Recall

$$Y_k = (X_k - \alpha)^+ := \max\{0, X_k - \alpha\},$$

## Upcrossings After Transformation (1/2)

Recall  $Y_k = (X_k - \alpha)^+ = \max\{0, X_k - \alpha\}$  and  $\theta = \beta - \alpha$ .

### Transformed upcrossing times of $[0, \theta]$ for $(Y_k)$

Define

$$\tau_1 := \inf\{j : Y_j = 0\} \wedge n,$$

and for  $k \geq 2$ ,

$$\tau_k := \begin{cases} \inf\{j : Y_j \geq \theta, \tau_{k-1} < j \leq n\} \wedge n, & k \text{ even,} \\ \inf\{j : Y_j = 0, \tau_{k-1} < j \leq n\} \wedge n, & k \text{ odd.} \end{cases}$$

Then the upcrossings of  $[\alpha, \beta]$  by  $(X_k)$  correspond to upcrossings of  $[0, \theta]$  by  $(Y_k)$ .

Moreover,  $(Y_k)$  is a submartingale whenever  $(X_k)$  is a submartingale, since  $x \mapsto (x - \alpha)^+$  is nondecreasing and convex.

## Upcrossings After Transformation (2/2)

Consider

$$Y_{\tau_n} - Y_{\tau_1} = (Y_{\tau_2} - Y_{\tau_1}) + (Y_{\tau_3} - Y_{\tau_2}) + \cdots + (Y_{\tau_n} - Y_{\tau_{n-1}}).$$

Define the even- and odd-indexed sums

$$\Sigma_e := (Y_{\tau_2} - Y_{\tau_1}) + (Y_{\tau_4} - Y_{\tau_3}) + \cdots = \sum_{\substack{k \geq 2 \\ k \text{ even}}} (Y_{\tau_k} - Y_{\tau_{k-1}}),$$

and

$$\Sigma_o := (Y_{\tau_3} - Y_{\tau_2}) + (Y_{\tau_5} - Y_{\tau_4}) + \cdots = \sum_{\substack{k \geq 3 \\ k \text{ odd}}} (Y_{\tau_k} - Y_{\tau_{k-1}}).$$

Note that  $Y_{\tau_n} = Y_n$  and  $Y_{\tau_1} = 0$ , hence

$$Y_n = \Sigma_e + \Sigma_o. \tag{1}$$

## Upcrossing Bound via Expectations (1/2)

Applying expectation to (1) gives

$$\mathbb{E}[Y_n] = \mathbb{E}[\Sigma_e] + \mathbb{E}[\Sigma_o].$$

Even though  $\Sigma_o = \sum_{\substack{k \geq 3 \\ k \text{ odd}}} (Y_{\tau_k} - Y_{\tau_{k-1}})$  can contain negative increments, by optional sampling (applied to the submartingale  $(Y_k)$ ) we have

$$\mathbb{E}[\Sigma_e] \geq 0, \quad \mathbb{E}[\Sigma_o] \geq 0.$$

Hence

$$\mathbb{E}[Y_n] \geq \mathbb{E}[\Sigma_e].$$

Each upcrossing of  $[0, \theta]$  contributes at least  $\theta$  to  $\Sigma_e$ , and there are  $U$  such upcrossings, so

$$\Sigma_e \geq U \theta.$$

## Upcrossing Bound via Expectations (2/3)

Since  $Y_n = (X_n - \alpha)^+$ ,

$$Y_n(\omega) = (X_n(\omega) - \alpha) \mathbf{1}_{\{X_n > \alpha\}}(\omega).$$

Taking expectations (step by step):

$$\begin{aligned} \mathbb{E}[Y_n] &= \int_{\Omega} Y_n d\mathbb{P} \\ &= \int_{\Omega} (X_n - \alpha) \mathbf{1}_{\{X_n > \alpha\}} d\mathbb{P} \\ &= \int_{\{X_n > \alpha\}} (X_n - \alpha) d\mathbb{P} \\ &\leq \int_{\{X_n > \alpha\}} (|X_n| + |\alpha|) d\mathbb{P} \\ &< \int (|X_n| + |\alpha|) d\mathbb{P}. \end{aligned}$$

## Upcrossing Bound via Expectations (3/3)

From (2) and (3) (with  $\theta = \beta - \alpha$ ),

$$(\beta - \alpha) \mathbb{E}[U] \leq \mathbb{E}[|X_n|] + |\alpha|,$$

hence

$$\boxed{\mathbb{E}[U] \leq \frac{\mathbb{E}[|X_n|] + |\alpha|}{\beta - \alpha}}.$$

## Fatou's Lemma

Let  $(Y_n)_{n \geq 1}$  be a sequence of nonnegative random variables. Then

$$\mathbb{E} \left[ \liminf_{n \rightarrow \infty} Y_n \right] \leq \liminf_{n \rightarrow \infty} \mathbb{E}[Y_n].$$

# Martingale Convergence Theorem

## Theorem (Martingale Convergence Theorem)

Let  $\{X_n\}_{n \geq 1}$  be a submartingale. If

$$K := \sup_{n \geq 1} \mathbb{E}[|X_n|] < \infty,$$

then  $X_n \rightarrow X$  with probability 1 for some random variable  $X$ , and

$$\mathbb{E}[|X|] \leq K.$$

**Idea:** upcrossings measure oscillations; if a sequence converges, it cannot keep crossing the same interval infinitely many times.

## Proof Sketch via Upcrossings

Given  $\{X_n\}$  is a submartingale, assume

$$K := \sup_{n \geq 1} \mathbb{E}[|X_n|] < \infty. \quad (1)$$

Fix an interval  $[\alpha, \beta]$  with  $\alpha < \beta$ , and define

$$U_n := \text{number of upcrossings of } [\alpha, \beta] \text{ by } X_1, \dots, X_n.$$

From the upcrossing bound,

$$\mathbb{E}[U_n] \leq \frac{\mathbb{E}[|X_n|] + |\alpha|}{\beta - \alpha}. \quad (2)$$

From (1) and (2),

$$\mathbb{E}[U_n] \leq \frac{K + |\alpha|}{\beta - \alpha}. \quad (3)$$

## Finishing the Upcrossing Argument

The sequence  $\{U_n\}_{n \geq 1}$  is nonnegative and nondecreasing (it counts the oscillation intensity):

$$0 \leq U_1(\omega) \leq U_2(\omega) \leq U_3(\omega) \leq \cdots \quad \forall \omega \in \Omega.$$

Define

$$U(\omega) := \lim_{n \rightarrow \infty} U_n(\omega) = \sup_{n \geq 1} U_n(\omega).$$

By the Monotone Convergence Theorem,

$$\mathbb{E}[U] = \lim_{n \rightarrow \infty} \mathbb{E}[U_n]. \quad (4)$$

Using (3),

$$\mathbb{E}[U_n] \leq \frac{K + |\alpha|}{\beta - \alpha} \implies \mathbb{E}[U] \leq \frac{K + |\alpha|}{\beta - \alpha}. \quad (5)$$

## Limsup, Liminf, and Oscillation

Now let's define

$$X^* := \limsup_{m \rightarrow \infty} X_m, \quad X_* := \liminf_{m \rightarrow \infty} X_m.$$

- If  $X_* < X^*$ , then the sequence oscillates.
- If  $X_* = X^*$ , then it converges.

If

$$X_*(\omega) < \alpha < \beta < X^*(\omega),$$

then there are infinitely many upcrossings.

Consider  $X_*(\omega) < \alpha$ . By definition of  $\liminf$ ,

$$\forall \varepsilon > 0, \exists N_\varepsilon \in \mathbb{N} \text{ such that } X_k > X_* - \varepsilon \quad \forall k \geq N_\varepsilon.$$

Consider  $X^*(\omega) > \beta$ . By definition of  $\limsup$ ,

$$\forall \varepsilon > 0, \exists N_\varepsilon \in \mathbb{N} \text{ such that } X_k < X^* + \varepsilon \quad \forall k \geq N_\varepsilon$$

## Density of Rationals and Convergence

This says that there are infinitely many indices with  $X_k > \beta$ . No matter how far we go, the sequence will go above  $\beta$ .

Now, we have shown that the number of upcrossings is finite (from the upcrossing bound), hence

$$\mathbb{P}(X_* < \alpha < \beta < X^*) = 0.$$

From the density of rationals: if for some real numbers we have  $X_*(\omega) < X^*(\omega)$ , then there exist rational numbers  $\alpha, \beta$  such that

$$X_*(\omega) < \alpha < \beta < X^*(\omega).$$

Hence

$$\{X_* < X^*\} = \bigcup_{\substack{\alpha, \beta \in \mathbb{Q} \\ \alpha < \beta}} \{X_* < \alpha < \beta < X^*\}.$$

## Countable Union Argument

Since this is a countable union and each event has probability zero,

$$\mathbb{P}(X_* < X^*) \leq \sum_{\substack{\alpha, \beta \in \mathbb{Q} \\ \alpha < \beta}} \mathbb{P}(X_* < \alpha < \beta < X^*) = 0.$$

Therefore  $\mathbb{P}(X_* < X^*) = 0$ , i.e.

$$X_* = X^* \quad \text{a.s.}$$

## Defining the Limit and Applying Fatou

Define

$$X := \lim_{n \rightarrow \infty} X_n.$$

Apply Fatou's lemma with  $Y_n := |X_n|$ :

$$\mathbb{E}[|X|] = \mathbb{E}\left[\lim_{n \rightarrow \infty} |X_n|\right] = \mathbb{E}\left[\liminf_{n \rightarrow \infty} |X_n|\right] \leq \liminf_{n \rightarrow \infty} \mathbb{E}[|X_n|] \leq K.$$

## Summary of the Argument

$K < \infty \implies (U_n) \text{ is bounded } \implies U < \infty \text{ a.s. } \implies \text{no infinite oscillations } \implies X_n \rightarrow X.$

## Doob's Decomposition

### Theorem (Doob's decomposition)

Fix a probability space  $(\Omega, \mathcal{F}, \mathbb{P})$ . If  $\{X_n\}_{n \geq 0}$  is a submartingale with respect to  $(\mathcal{F}_n)_{n \geq 0}$ , then there exist unique processes  $(M_n)_{n \geq 0}$  and  $(A_n)_{n \geq 0}$  such that

$$X_n = M_n + A_n \quad \forall n \geq 0,$$

where

- $(M_n)$  is a martingale with respect to  $(\mathcal{F}_n)$ ,
- $(A_n)$  is a predictable and increasing process:

$$A_0 = 0, \quad A_n \text{ is } \mathcal{F}_{n-1}\text{-measurable}, \quad A_n - A_{n-1} \geq 0 \text{ a.s.}$$

## Doob's Decomposition (Idea)

Doob's decomposition separates a submartingale into:

- a fair game component ( $M_n$ ) with no predictable gain,
- a drift component ( $A_n$ ) that represents the accumulated conditional expected increase.

## Doob's Decomposition: Constructing $A_n$

For  $k \geq 1$ ,

$$\mathbb{E}[X_k - X_{k-1} \mid \mathcal{F}_{k-1}] = \mathbb{E}[X_k \mid \mathcal{F}_{k-1}] - X_{k-1}.$$

Since  $(X_n)$  is a submartingale,

$$\mathbb{E}[X_k \mid \mathcal{F}_{k-1}] \geq X_{k-1} \implies \mathbb{E}[X_k - X_{k-1} \mid \mathcal{F}_{k-1}] \geq 0.$$

Define

$$A_n := \sum_{k=1}^n \mathbb{E}[X_k - X_{k-1} \mid \mathcal{F}_{k-1}].$$

Then

$$A_n - A_{n-1} = \mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}] \geq 0.$$

Hence  $(A_n)$  is increasing, and  $A_n$  is  $\mathcal{F}_{n-1}$ -measurable, i.e.,  $(A_n)$  is predictable.

## Doob's Decomposition: Defining $M_n$

Now we need to show that  $(M_n)$  is adapted and integrable.

Since  $X_n$  is  $\mathcal{F}_n$ -measurable and  $A_n$  is  $\mathcal{F}_{n-1}$ -measurable (hence  $\mathcal{F}_n$ -measurable), define

$$M_n := X_n - A_n.$$

Then  $M_n$  is  $\mathcal{F}_n$ -measurable.

## Doob's Decomposition: $M_n$ is a Martingale

We need to show that  $(M_n)$  is a martingale. Taking conditional expectation in the definition  $M_n = X_n - A_n$  gives

$$\mathbb{E}[M_n \mid \mathcal{F}_{n-1}] = \mathbb{E}[X_n - A_n \mid \mathcal{F}_{n-1}] = \mathbb{E}[X_n \mid \mathcal{F}_{n-1}] - \mathbb{E}[A_n \mid \mathcal{F}_{n-1}].$$

From the construction,

$$A_n = A_{n-1} + \mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}].$$

Since  $A_{n-1}$  is  $\mathcal{F}_{n-1}$ -measurable,

$$\mathbb{E}[A_n \mid \mathcal{F}_{n-1}] = A_{n-1} + \mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}].$$

Therefore,

$$\mathbb{E}[M_n \mid \mathcal{F}_{n-1}] = \mathbb{E}[X_n \mid \mathcal{F}_{n-1}] - A_{n-1} - \mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}] = X_{n-1} - A_{n-1} = M_{n-1}.$$

## Doob's Decomposition: Uniqueness

Suppose we have two decompositions

$$X_n = M_n + A_n = M'_n + A'_n,$$

where  $(M_n)$ ,  $(M'_n)$  are martingales and  $(A_n)$ ,  $(A'_n)$  are predictable and increasing with  $A_0 = A'_0 = 0$ .

Subtracting consecutive terms,

$$X_n - X_{n-1} = (M'_n - M'_{n-1}) + (A'_n - A'_{n-1}).$$

Taking conditional expectation with respect to  $\mathcal{F}_{n-1}$  yields

$$\mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}] = \mathbb{E}[M'_n - M'_{n-1} \mid \mathcal{F}_{n-1}] + \mathbb{E}[A'_n - A'_{n-1} \mid \mathcal{F}_{n-1}].$$

## Doob's Decomposition: Uniqueness (cont.)

Since  $(M'_n)$  is a martingale, the first term is 0. Also,  $A'_n - A'_{n-1}$  is  $\mathcal{F}_{n-1}$ -measurable, so

$$\mathbb{E}[A'_n - A'_{n-1} \mid \mathcal{F}_{n-1}] = A'_n - A'_{n-1}.$$

Hence

$$\mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}] = A'_n - A'_{n-1} \quad \text{a.s.}$$

By the same argument using  $X_n = M_n + A_n$ , we also have

$$\mathbb{E}[X_n - X_{n-1} \mid \mathcal{F}_{n-1}] = A_n - A_{n-1} \quad \text{a.s.}$$

Therefore

$$A_n - A_{n-1} = A'_n - A'_{n-1} \quad \text{a.s. for all } n \geq 1.$$

## Doob's Decomposition: Uniqueness (cont.)

Define  $D_n := A_n - A'_n$ . Then

$$D_n - D_{n-1} = (A_n - A_{n-1}) - (A'_n - A'_{n-1}) = 0 \quad \text{a.s.}$$

so  $D_n = D_0$  a.s. for all  $n$ . Since  $D_0 = A_0 - A'_0 = 0$ , we get  $A_n = A'_n$  a.s. Consequently  $M_n = X_n - A_n = X_n - A'_n = M'_n$  a.s.